

# Reindeer Dash 4 Autism 2018



## WHAT IS THE REINDEER DASH 4 AUTISM?

The Reindeer Dash 4 Autism (RD4A) is a virtual fundraiser for UCF Center for Autism & Related Disabilities (CARD) through their supporting non-profit PALS. CARD is currently supporting over 13,000 individuals with an autism spectrum disorder in Central Florida. Participants choose their own personal goal, or commit to an ambitious 59 miles by midnight December 24th to represent the 1 in 59 children diagnosed with autism today. Walk, jog, run—achieve your goal anyway you can!

## WHY SHOULD SCHOOLS GET INVOLVED?

Schools are the perfect place to start a team. It teaches valuable lessons to students:

1. Increase awareness of autism
2. The importance of health & exercise
3. The importance of supporting others
4. That everything we do is not just for ourselves
5. Comradship with others
6. How to obtain goals

## WHAT CAN THE CLASS GET?

Every class team that raises \$300 will get choice of a class party:

*(selections include)*



CAKE AND ICE CREAM



DONUTS AND BAGELS



PIZZA PARTY

**PLUS** recognition on the CARD & PALS Social Media & website.



## WHEN DOES IT START?

Reindeer Dash 4 Autism officially starts on Black Friday. The best part is you can actually start it any time thereafter, until 11:59pm on December 24th!

## HOW CAN A TEACHER START A TEAM?

EASY!

1. Teacher & Students select TEAM Name
2. Teacher starts team for \$5 at [www.reindeerdash4autism.com](http://www.reindeerdash4autism.com)
3. Teacher develops the team fundraising page (once registered it takes them there).
4. Teacher provides students with the attached flyer
5. Teacher encourages students to stay active over holiday season and increase pledges

## FOR MORE INFORMATION

Visit [www.reindeerdash4autism.com](http://www.reindeerdash4autism.com) or contact us at 407.823.6020 or email [Lindiann.Taylor@ucf.edu](mailto:Lindiann.Taylor@ucf.edu).



Dear Parent(s):

Our class is participating in a holiday season giving-back campaign for Autism Spectrum Disorders.

We, as a class, and a team, are joining the 2018 Reindeer Dash 4 Autism [www.reindeerdash4autism.com](http://www.reindeerdash4autism.com). This is a virtual annual fundraiser that supports the UCF Center for Autism & Related Disabilities (CARD), through their nonprofit organization Providing Autism Links & Support (PALS). UCF CARD is currently supporting over 13,000 individuals with Autism.

Our team/class goal is to stay active and healthy this holiday season and as a class unit raise at least \$300 to qualify for a celebration party.

The official walk begins on Black Friday, November 23, 2018. The goal is to walk 59 miles from November 23, 2018 to December 24, 2018, midnight. 1 mile for every individual diagnosed with autism.

To get involved simply go to [www.crowdrise.com/2018reindeerdash4autism.com](http://www.crowdrise.com/2018reindeerdash4autism.com) and click on DONATE. Select our team and make a donation. Ask others to donate to our team. Friends, family, relatives, neighbors, etc.

**Have fun, raise awareness, support others and stay healthy!**

The name of the team is: \_\_\_\_\_